



# Rainbow Nursery

## Newsletter

October 2025

### Welcome

🌈 Welcome to a New Month at Rainbow Nursery! We're excited to start another fun-filled month here at the Nursery! All our rooms have lots of engaging activities planned, and we can't wait to share them with you over the coming weeks.

Looking ahead, we'll also be preparing for Parents' Evening, which will take place next month. This will be a wonderful opportunity to meet with your child's key worker to discuss their progress and learning journey.

As always, please remember that you're welcome to pop into the office anytime if there's something you'd like to discuss — we're always happy to help.

Below, you'll find a little summary of what each room enjoyed last month, along with some of the exciting plans we have for October.

### Baby Room

Last month we explored the Postman Bear story and took part in lots of experiences linked to this. We had a trip to the post office. We posted letters to our friends in the other rooms at The Big Red Post Box. To see some of the fun we had please look at Learning Journals.

In October the children are showing an interest in the "Stickman" story, so we have been thinking of lots of fun ways to explore this story further.



### 2-3 Room

During September we had fun taking part in various cooking and baking experiences. We made Pizzas, muffins, cookies and cupcakes. We also focussed on language development through songs, rhymes and books.

We are focussing on seasonal changes and celebrations i.e. Halloween during October. We will also explore the changes in our outdoor environment and plan to have lots of sensory/messy experiences to celebrate Halloween.

### 3-5 Room

In September, the children had a fantastic time getting to know our Author of the month, Julia Donaldson. They loved learning about her life and explored her wonderful stories through reading sessions and imaginative role play. Acting out favourites like The Gruffalo and Room on the Broom was definitely a highlight!

We also introduced mindfulness through yoga, giving the children a calm and engaging way to explore their emotions and begin to understand how to manage them.

Pencil control has also been a key focus, with lots of name-writing practice using the correct pencil grip — and we're already seeing great progress.

Now that October is here, the 3 – 5 room is getting right into the Halloween Spirit with lots of exciting experiences planned. The children will be busy with themed arts and crafts, going on a pumpkin hunt, and have a fun-filled Halloween Party (date to be confirmed — we'll let you know soon!) We'll also be recognising World Mental Health Day on October 10<sup>th</sup>, and children are welcome to wear yellow to show their support.

Throughout October, we'll continue building early literacy skills by exploring rhyming words, identifying syllables, and encouraging the children to draw details pictures and use them to tell their own creative stories.

We're looking forward to a fun and busy month ahead!



### Dates To Remember

**10<sup>th</sup> October** – Wear something yellow for mental health awareness

**13<sup>th</sup> – 17<sup>th</sup> October** – Nursery closed to term time children.

**20<sup>th</sup> October** – Nursery closed – In service day

**27<sup>th</sup> – 31<sup>st</sup> October** – Halloween activities – You are welcome to dress your child up these days but please don't feel the need to go to any expense.

**13<sup>th</sup> November** – Parents evening – Keyworkers will arrange appointment times with you after the October break.